

FRI		31-Jul-09					
4:00 - 7:00 PM Check In	4:30 - 10:30 PM Messages	5:00 - 7:00 PM Buffet	6:00 - 7:30 PM	Leslie -(Start) Step 4. Fearless & Morale Inventory. (Complete on Sun morning) Creekside	Yumi M. - Vision Board Collage Workshop Assembly Hall	Diane C. - Hike and Guided Meditation: "Serenity in Nature." Breeze Way	
			8:00 - 9:30 PM	Key Note: Progress Not Perfection.			
			10:00 - 11:30	Women's Meeting Creekside	Campfire	Men's Mtg Cabin H	
			60 Minute Full Body Massages (Nursery)				

SAT		1-Aug-09					
1 - 5 PM Swimming	5:30 - 6:30 PM Biz Mtg.	All Day - Sign Up For 60 Min Messages	6:30 - 8:00 AM		Early Riser Women's Meeting Assembly Hall	Early Riser Men's Meeting Cabin H	
			7:00 - 8:00 AM	Linda A. - Gentle Wake Up Yoga Creekside			
			7:45 - 8:45 AM	Breakfast - Assembly Hall			
			8:30 - 8:45 AM	Happy Valley Conference Center - Orientation & Announcements			
			9:00 - 9:30 AM	Opening, Serenity Prayer, 12 Steps, 12 Traditions			
			10:00 - 11:30 AM	Kathryn T. - Part I. Finding, Creating & Sustaining a Relationship With a Higher Power of Your Own Understanding. Creekside	Paul M. - Working With Codependence, Using The Work of Byron Katie Camp Fire Circle	Debbie W - Recovering From Co-dependency: Easy As 1, 2 & 3. Cathedral of the Redwoods	
			12:00 - 1:00 PM	Lunch - Assembly Hall			
			1:30 - 2:30 PM	Kathryn T. - Part II. Finding, Creating & Sustaining Higher Power. Creekside	Vision Board Collage (ongoing) Breeze Way	Co-Ed 12 Step Meeting- Reading From The Blue Book Cathedral of the Redwoods	
			3:00 - 4:30 PM	Bob K. - Part I. Refining The Want Creekside	Salle H. - Affirmations-What are they? How to craft them? When to use them? & More Campfire Circle	Jim C. - Which Steps Really Helps With Panic And Anxiety? Cathedral of the Redwoods	
			4:45 - 5:45 PM	Dinner - Assembly Hall			
			5:00 - 7:00 PM	NCC Biz Mtg - Assembly Hall			
			6:00 - 8:00 PM			Aurora S. - Hike & Guided Meditation: Loving-Kindness & Forgiveness Meet in Breeze Way	
			7:00 - 8:30 PM	Bob K. - Part II. Refining The Want Creekside	Jim Y - Believing In Myself Campfire Circle		
			8:45 - 9:45 PM	Keynote: Stepping Through Summer on the Yellow Brick Road...Where Progress is Perfection. A story about looking for something that you've always wanted and finding that you already have it. (Assembly Hall)			
			10:00 -11:00 PM	Women's Meeting Creekside	Games/Activities Assembly Hall	Men's Meeting Cabin H	

Sun		2-Aug-09				
		6:30 - 8:00 AM		Early Riser Women's Meeting Assembly Hall	Early Riser Men's Meeting Cabin H	
		7:00 - 8:00 AM	Linda A. - Gentle Wake Up Yoga Creekside			
		7:45 - 9:00 AM	Breakfast			
		9:30 - 11:00 AM	Julie B. Finding and Using Our Spiritual Awakening; taking steps 10, 11 & 12 Creekside	Aurora S. - Hike & Guided Meditation: Loving-Kndness & Forgiveness	Leslie - Step 4. (Continued from Friday) Fearless & Morale Inventory. Cathedral of the Redwoods	
		11:30 - 12:30 PM	Close & Affirmations			
		12:30 PM	Bag Lunch Pick Up			
		1:30 PM	Organized Fun Activities in & around Santa Cruz: Meet in Parking Lot			

Finding and Using Our Spiritual Awakening; taking steps 10, 11 & 12

