



**CoDEPENDENTS ANONYMOUS**

NorCal CoDA and Santa Cruz County CoDA Community Presents

## **The Summer 2011 Mini-Conference**

~ A Clean and Sober Event ~

# ***"Spiritual Awakening in Recovery"***

**Date: Saturday, August 13, 2011**

**Where: First Congregational Church, 900 High St. Santa Cruz, CA**

**When: 8:45am – 5:00pm**

### **PROPOSED WORKSHOPS and ACTIVITIES**

- NCC BUSINESS MEETING
- TOPIC CODA MEETING
- INNER CHILD WORKSHOP
- CREATING OUT HEALTHY SUPPORT NETWORK
- FAMILY OF ORIGIN BEGINNINGS AND ENDINGS
- UNCONDITIONAL LOVE DISSOLVES FEAR
- MORE WORKSHOPS WILL BE ADDED

Check-in/Continental Breakfast: 8:00 am – 8:45 am, The Quarterly NCC Regional Business Meeting will be held during lunch. CoDA Literature will be available. To get more information on this event, please go to <http://scruzcodaretreat.org/> or <http://www.norcalcoda.org/>

**Suggested Donation: Before August 1, 2011: \$25 per person. Includes continental breakfast and lunch. At the Door: \$30 per person. Includes continental breakfast and lunch.**

Note: This conference is located in westside Santa Cruz. It is five minutes from major tourist attractions (Beach/Boardwalk, Wharf, Pacific Garden Mall) and 10 minutes from the **SATURDAY BEACH CODA MEETING** (at 8:00pm). If you wish overnight accommodations, you must make reservations in advance. Call or email Nanci for motel listing.

**For further information contact Nanci A. (831) 462-9336,**

**[nanciandjames@yahoo.com](mailto:nanciandjames@yahoo.com)**

**SERVICE OPPORTUNITY: PLEASE COPY THIS FLYER (front & back) AND DISTRIBUTE AT YOUR LOCAL MEETING**

**Pre-registration** is encouraged. Please fill out the form below. Checks should be made out to "Santa Cruz County CoDA"  
**Send to: SCCCC, PO Box 1415, Santa Cruz, CA 95061**



First Name, Initial \_\_\_\_\_ City \_\_\_\_\_  
Donation enclosed: \$25.00 (Before August 1, 2011) \$30.00 (At the door)

Phone/e-mail: \_\_\_\_\_

Yes, I would like to volunteer to help (please circle): set-up Literature registration food preparation clean-up

Sandwich choices (please circle): vegetarian turkey meat other \_\_\_\_\_

**Directions:** The conference is located in Westside Santa Cruz. It is five minutes from major tourist attractions (Beach/Boardwalk, Wharf, Pacific Garden Mall) and 10 minutes from the Saturday beach meeting (at 8:00PM). If you wish overnight accommodations, you must make reservations in advance.

**From San Francisco and the Peninsula:**

Take **Hwy 1 (turns into Mission Street) South** to Bay St.

Turn **left on Bay St.**

Turn **right on High Street.**

The First Congregational Church is about .4 miles down High St., on your left. **900 High St.** Best parking is in back of church.

**From Oakland and the East Bay:**

Take **I-880 SOUTH (turns into HWY 17)** towards SAN JOSE.

Take **Hwy 1 north exit** (towards Half Moon Bay).

Take a **right onto Mission Street/Hwy 1** (at second stop light).

Take a **right onto King St.** (at first stop light).

Take a **right onto Storey St.** (at first stop sign).

Go up the hill and turn **left on High Street.**

The First Congregational Church is about .6 miles down High St., on your right. **900 High St.** Best parking is in back of church.

**From Sacramento:**

Take **Interstate 80 west** toward San Francisco

Take **Interstate 680 south** toward Benicia/ San Jose

Take the **MISSION BLVD/WARM SPRINGS DIST (I-880) (turn right)** exit towards UC EXTENSION.

Take **I-880 SOUTH (turns into HWY 17)** towards SAN JOSE.

Take **Hwy 1 north exit** (towards Half Moon Bay).

Take a **right onto Mission Street/Hwy 1** (at second stop light).

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**From South of Santa Cruz:**

Take **Hwy 1 north.**

Get in the right hand lane after the Morrissey Blvd exit and follow the "Fish Hook" to **merge on Hwy 1.**

Stay to the right and take the **Hwy 1 exit (towards Half Moon Bay).**

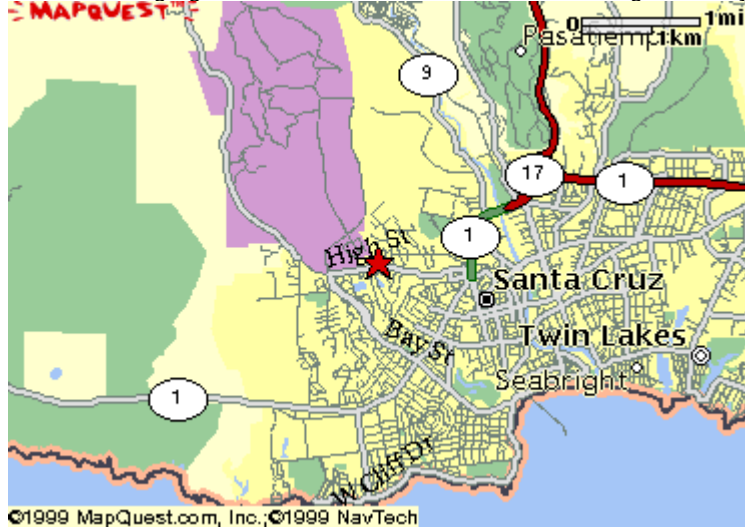
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